



Adult Wilderness Soulquest THROUGH THE FEMININE LENS

WHAT CALLS TO YOU, FROM THE DEEP HEART & WILD FRONTIERS OF YOUR LIFE?

The practice of wilderness fasting is an ancient and cross-cultural way of **clearing oneself out** to listen to and converse with the **voices of our bodies, psyches and the more-than-human world.**

Throughout history, the practice of questing has often mirrored the hero's journey. **In this quest however, we will explore the unique facets of a heroine's journey,** which emphasizes deep listening, receptivity, and fosters community interconnection through intimate support, **both with fellow humans and the broader natural world.**

Come be with us, the land, each other with joyous noise and deep quiet! **Prepare to sing, pray, bath in wild waters, wander in the bounty of the land,** encounter parts of yourself known and unknown, and **join in the larger community of the wide and wild world.**

LED BY



Jenny Macke



Sheryl Kent

Jenny Macke and Sheryl Kent come to you as dear friends, soul sisters and professional guides. The land where you will quest is also their dear companion where they regularly hike, pray, and commune with the wild ones and find refuge in their own souls Journeys. **Sheryl** is a local psychotherapist, ritualist and soul guide. With over 30 years of guiding, she brings a profoundly deep intention and a vast pool of experience to draw from for this sacred work. **Jenny** is Executive Director of Rite of Passage Journeys. She has facilitated embodied and nature based transformational group and individual work for many many moons and trusts deeply in the mystery and clarity of soul questing. Come join them for a deep dive into this profound work.

May 23 - June 2, 2024

Private Basecamp

Mount Baker area

Oriented towards female bodied, female identified, trans, and non-binary participants. Ages 18+

Cost: \$2195 (Deposit \$500)

Financial Aid always available

Participants will need to provide their own transportation to and from the program, which starts and ends near Deming, WA



RITE of PASSAGE JOURNEYS



Register at RiteofPassageJourneys.org • 425.485.7396